Why MLTSS is Right for Ohio

Ohio Association of Health Plans

What is Managed Long-Term Services and Supports?

Long-Term Services and Supports (LTSS) is a Medicaid program that covers a broad range of day-to-day services and supports needed by people with long-term conditions, disabilities, or frailty. LTSS includes both institutional care, in facilities such as nursing homes, and home- and community-based services (HCBS).

Under a managed care model, states partner with health plans, through a competitive contracting process, to administer and coordinate LTSS with a focus on improving outcomes.

In Ohio, LTSS beneficiaries account for 5% of the Ohio Medicaid population but 26% of the Ohio Medicaid budget.

The Value of MLTSS

MLTSS delivers positive results:

- Increased access to HCBS
- Higher quality care and member satisfaction
- Budget predictability for the state Medicaid program

28%

MLTSS beneficiaries were 28% more likely than fee-for-service (FFS) beneficiaries to be satisfied with their care and quality of life. Mathematica, 2021

3%

The number of nursing home residents per capita decreased at a faster rate in MLTSS states than in FFS LTSS states for all 65 and over age groups, including a ~3% decrease in MLTSS states compared to a nearly 1.5% decrease in FFS states for residents ages 65-74. Milliman, 2018

Why Should Ohio Adopt MLTSS Statewide?

Ohio's regional managed care demonstration project, MyCare Ohio, has successfully improved the outcomes of individuals dually eligible for Medicare and Medicaid. Almost 150,000 Ohioans participated with over 60% choosing to have both of their Medicare and Medicaid benefits coordinated by a MyCare plan.

Helping members remain at home: Amid the COVID-19 pandemic, MyCare Ohio plans went above and beyond to transition members out of long-term care facilities and back to the community and with their families. Centers for Medicare & Medicaid Services, 2022

Ensuring better quality of life: 93% of MyCare Ohio members have expressed satisfaction in their relationship with their care manager. Ohio Department of Medicaid, 2018

Reducing unnecessary hospital use: MyCare Ohio has resulted in a 21% decrease in inpatient hospital use and a 15% decrease in admission. Research Triangle Institute International, 2018

Member Stories: How MLTSS is Making a Difference

Unable to leave home and with an overwhelmed caregiver, a member's care manager conducted after-hour visits to identify key needs. They worked with providers to secure a ramp so she could safely leave her home for the first time in three years.

Suffering from depression, a health plan member attempted to take her own life. Her health plan and care coordinator went above and beyond to work closely with her to help address and prioritize her mental health.

A member received a HouseCalls assessment. The member stated the caregiver was very professional, knowledgeable, and sociable. She was very impressed by the knowledge, patience, and thoroughness, of the caregiver. She took the time to explain and educate the member on her various health issues.